



Interactive Experiment: The Effectiveness of Hand Hygiene Techniques

Worksheet 1

Did you know that there are millions of germs on your hands at any given time? The more surfaces, objects, and people we contact, the more germs can end up on our hands. When those germs are passed on to new surfaces or objects, they can continue to live and potentially cause others to get sick.

Hand hygiene is important to help eliminate germs that can cause you to get sick.