

## Sanitizing Hands

**IN 3 STEPS** 



## Use enough.

An amount the size of a quarter will cover both hands completely.

## **Cover all areas.**

It's easy to miss the thumbs, fingertips, and between the fingers.

**Remember:** Be aware of what you touch next. Your hands are only sanitized until you touch the next contaminated surface.

## Rub until dry.

It should take about 20 seconds of rubbing until your hands feel dry.